

Gallatin Co. 4-H Achievement Journal

from October 1 to September 30

Name _____ Phone _____

Address _____

Town/City _____ Zip code _____

Sex: Male _____ Female _____ Name of Parent/Guardian _____

Birth Date _____ 4-H Age (age on Oct 1) _____
Month Date Year

Grade in School _____ in 4-H year

Name of my 4-H Club _____ # of members _____

Name of my second 4-H Club _____ # of members _____

I have been a 4-H Member (8-18) for _____ years, plus _____ years as a Cloverbud (5-7).

How to Fill Out the Journal:

- Complete the journal for the **current year only** and add any details needed.
- Refer to the **Scoring Guide** that is included at the end of this form for clarification about specific sections.
- **List each activity only once** and do not add additional lines to the form. You are limited to the lines provided.
- Circle the number of points earned. **1 Point vs 2 Points:** attendance or basic participation at the event would be 1 point. 2 Points would be given for those doing extra work for the event: i.e planning, teaching, leading a workshop. There is a maximum of 2 points regardless of the number of days/events a member participates in.
- Total your points on each page and summarize on the signature page.
- Turn completed Gallatin County 4-H Achievement Journals and your Record Book into the County Extension Office by due date.

Additional notes:

- When your parent or guardian and your leader sign this journal they are verifying that the information is correct.
 - A new journal form must be filled out each 4-H year.
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General Information

4-H Member of the Year Award

Each year Gallatin County Unlimited Leaders Council gives awards to outstanding 4-H members in the form of scholarships. These scholarships are provided by the Gallatin County 4-H Foundation and generously sponsored by the **Harris and Elizabeth Kirk Trust**. The number and dollar value of the scholarships vary yearly based on the number of qualified applicants, as well as the availability of funds.

The 4-H Member of the Year Award Winners are to be recognized for their outstanding achievements in 4-H and is determined off of a points-based scoring system. To be eligible for this award, youth need to fill out this Achievement Journal to the best of their ability.

The information submitted on this form is also used to derive additional awards; determined yearly by the Committee and based on responses submitted.

This journal and subsequent awards are only for registered Gallatin County 4-H Members who were 8-18 years old on October 1st of the current 4-H year.

For more information:

- Please check the Scoring Guide on pages 8-10, as it provides clarification for most areas.
- If more assistance is needed, contact the Gallatin County Extension Office at (406) 582-3280 or your 4-H Club/Project Leader.

Yearly Journals are records of your involvement in 4-H and other organizations. Your journal will help you complete your record book, apply for scholarships, complete a job resume, and remember the fun times you had in 4-H.

Complete one journal for each year you are a 4-H member.



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Fill in the details on the line provided. Circle the number of points you have earned.
Refer to the scoring guide on pages 8-10, as-needed.

1. 4-H Club Membership

a) I was a member in this (these) 4-H club(s):

1) _____ 2 points

2) _____ 2 points

b) I attended at least 70% of club meetings - club A- I attended ____ meetings 2 points

I attended at least 70% of club meetings - club B- I attended ____ meetings 2 points

2. 4-H Projects

a) I was enrolled in and completed the following project(s) along with the completed record book.

Project 1 _____ 2 points

Project 2 _____ 2 points

Project 3 _____ 2 points

Project 4 _____ 2 points

Project 5 _____ 2 points

3. 4-H Involvement

a) I completed the following Communications Activities.

Description _____ Date _____ 2 points

Description _____ Date _____ 2 points

b) I participated in County Event # 1 _____ 2 points

I participated in County Event # 2 _____ 2 points

c) I participated in at least one 4-H Volunteer, Charitable or Community Service Activity

Description _____ Date _____ 2 points

Description _____ Date _____ 2 points

Total points this page _____

3 a. 4-H Club Activities - I participated in (1 point) or helped organize (2 points) these Club Activities:

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

3 b. 4-H Project Activities - I participated in (1 point) or helped organize (2 points) these Project Activities:

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

4. 4-H Club Offices and Council Representatives - I held these **Positions**:

Club _____ 2 points
 Club _____ 2 points
 County _____ 2 points

5. 4-H Club Committees - I was an active member or chaired the following Committees:

_____ 1 point
 _____ 1 point
 _____ 1 point

6. Promotional Presentations - I participated in the following activities that **Promote 4-H**:

_____ 1 point
 _____ 1 point
 _____ 1 point

Total points this page _____

7. Interclub, District or County 4-H Activities (Including 4-H Camp - Excluding Fair)

I participated in the following activities:

Name of Activity	Date	Location	Participant	Planning Committee
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

8. Big Sky Country State Fair

- Project #1 Exhibited Items: _____ 1 point
- Project #2 Exhibited Items: _____ 1 point
- Project #3 Exhibited Items: _____ 1 point
- Project #4 Exhibited Items: _____ 1 point
- Project #5 Exhibited Items: _____ 1 point
- I worked in the concessions – 2 hours = 1 point, 4 or more hours = 2 points 1 or 2 points
- I worked at the 4-H Promotion Booth - 2 hours = 1 point, 4 or more hours = 2 points 1 or 2 points
- Entered an Individual Booth Display _____ 2 points
- Pre-fair activity List _____ 1 point
- Other fair activities List _____ 1 point
- List _____ 1 point

9. District 4-H Councils, State or County Ambassador and Committees

- _____ 1 point
- _____ 1 point

10. State and Other Major 4-H Events – may list multiple lines per contest, as needed

Event	Date	Location	Delegate	Committee/ Organizer
			1 point	2 points
			1 point	2 points
			1 point	2 points
			1 point	2 points

Total points this page _____

Non 4-H Activities

1. School Groups or School Sports Teams (public, private or homeschool)

_____	1 point
_____	1 point
_____	1 point
_____	1 point

2. Community Youth Groups or Organizations

_____	1 point
_____	1 point
_____	1 point

3. Special Events or Programs

Date	Event	Location	
			1 point
			1 point
			1 point
			1 point
			1 point

4. Recognition or Service Award

Type of Award	Presented By	
		1 point
		1 point
		1 point
		1 point

5. Employment Recognition

Employer: _____ 1 point

Total points this page _____
(THIS PAGE ONLY)

<p>Total 4-H points for this year from page 3 + 4 + 5 _____</p> <p>Total Non-4-H points for this year from page 6 _____</p> <p style="text-align: center;">Current Total _____</p> <p>_____ Signature of Member</p> <p>_____ Signature of Parent or Guardian</p> <p><i>“This youth was a member in good standing of a 4-H club in which I was a leader this year. The information shown is correct to the best of my knowledge.”</i></p> <p>_____ Signature of 4-H Leader or Assistant (<i>other than parent</i>) - Club A</p> <p>_____ Signature of 4-H Leader or Assistant (<i>other than parent</i>) - Club B</p>	<p>Office Use Only</p>
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Additional information you would like to share:

Scoring Guide

Basic 4-H Member Expectations

1. 4-H Club Membership

a) You are eligible for points in a maximum of two clubs. Combine points from both of your clubs on this form. Both 4-H leaders must verify and sign journal scores.

b) You must attend 70% of all scheduled 4-H meetings and activities. Activities include: any organized non-project workshops, social events, or club fund raising activities. For example: Highway cleanup, Christmas social, or an awards night. All planned club activities, other than meetings or project workshops should be claimed here.

c) If you belong to two clubs, you must meet the basic 4-H member expectations for both clubs.

2. 4-H Projects

a) For you to receive points for a 4-H year, you must complete all requirements of at least one project during the year.

b) You must complete your official 4-H Record book on your project for it to be counted. Minimum record book requirements are the "My 4-H Year" form, a "Project Record" form for each project taken and the "Animal Record" for each animal project.

c) Your leader must verify your completed record books.

3. 4-H Involvement

a) A Communication Activity can be counted if it involves all of the following:

1. you prepared it for a 4-H activity;
2. you stood in front of a 4-H group to present it;
3. your presentation was at least three minutes long.

Examples are county Communications Day, speech to your club, serving as a Master of Ceremonies, presentations, or a special report to your club.

b) List any county-wide events during the year. This could include Communications Day, Stir-Ups, Fair, Summer Camp, Judging Contests, Fashion Revue, etc..

c) Community Service Opportunities. You were involved in a 4-H club activity that was of benefit to the Community, but from which the club or individual members did not gain financially.

Note: A 4-H club or project activity is eligible for a maximum of 2 points regardless of the number of days/events a member participates in.

3a. 4-H Club Activities

Record any 4-H club activities including organized non-project workshops or social activities held in conjunction with club meetings or on separate days. If you helped plan the event and attended the event, you may mark two points, but you must have done more work than other club members. For example: National 4-H Week, Christmas Social, Club Awards Day Banquet, Public Speaking or other club activities.

3b. 4-H Club Project Activities

All project activities must relate to your project area and provide information to all project members. For example: judging workshop, quilting demonstrations, industry tours and skill clinics.

- i) A project activity may last any length of time.
- ii) A project activity that is repeated can only be claimed once (example showmanship)
- iii) Activities relating directly to completing project requirements are not eligible. For example, a craft demonstration/workshop where members create a project they will be exhibiting and riding lessons, livestock weigh-in days and livestock sales are not eligible because it is an expectation of the project.
- iv) Judging clinics can only be claimed once. Judging competitions can only be claimed once.

4. 4-H Club Offices and/ or County Youth Representatives

All 4-H club positions are eligible. Examples of positions include: President, Vice-president, Secretary, Treasurer, Club Reporter, Historian, and ULC (Unlimited Leaders Council) Youth Representative, Ambassadors, Gallatin Co. Foundation Youth Representative and Horse Committee Youth Representative. Club positions must be elected or assigned at the beginning of the club year. You must complete the club's expectations of the position and as a county representative, you must be an active and participating member, and pass on all relevant information to as required.

5. 4-H Club Committees

Record any committees that you worked on within your club. Examples – fundraising, National 4-H Week, a specific project committee, etc.

6. Promotional Presentations

Please list any activities/opportunities you have done that promote 4-H. This could be anything from writing a newspaper article about something your club is doing to participating in an actual presentation at an activity, etc.

Note: A 4-H district/county or regional activity or project activity is eligible for a maximum of 2 points regardless of the number of days/events a member participates in.

If a member attends, but does not participate in an activity, points are only awarded if the member prepares and delivers a report about the activity to the club.

7. Interclub, District or County 4-H Activities (excluding fair)

Interclub events are 4-H activities that involve more than just your club. County or district events that are planned by extension agents, respective council/committee or state staff are advertised in newsletters and websites. Examples include tours, social events, fundraising activities, workshops or contests beyond your own 4 H club or project activities for this year.

- a) If you attended the event, claim one point. If you helped organize and attended or staffed any of these, you may claim 2 points.
- b) Activities must involve at least one other club to qualify as an interclub activity.

8. Big Sky Country State Fair

Participation includes exhibiting entries in my projects, working in the 4-H concession booth, assisting or planning efforts prior to fair, and participating in shows or other fair activities.

9. District 4-H Councils, State or County Ambassador and Committees

All county, district, state and regional positions are eligible. You can mark this area only if you held an elected or assigned position or had committee responsibilities.

10. State and Other Major 4-H Events

Participation in events that are planned by the state 4-H office should be listed here. Activities include workshops, contests or events, exchanges, or other major 4-H events this year. Specific examples: 4-H Congress, State Ambassador Training, Rec Lab, National 4-H Congress, Fall Ambassador Training, State Shooting Sports Match, State Horse Show, Washington Citizenship Focus.

a) If you participated as a delegate claim one point. If you were a leader, organizer, counselor, or junior staff, claim two points.

b) Youth Exchanges can be recorded here or under section 3a, or 4, but not under more than one. Participation or hosting in the exchange will count, but not the associated activities. An exchange, including hosting and traveling, if completed in the same year is counted as one event.

c) More than one event, per contest can be listed, as needed. Examples include: participated in Pre-Congress Planning, in addition to participating in a competitive contest or lead a workshop.

d) Courses or workshops offered to 4-H members by an outside agency can be claimed. Example – First Aid Class offered by a First Aid Instructor,

Non 4-H Activities:

This section recognizes activities outside of 4-H. Involvement in areas other than 4-H creates a well-rounded individual. Yearly each non 4-H activity will only be recognized once on this entire page.

1) School Groups or Sports Teams (public, private or homeschool)

a) School courses do not count. Points are not allowed for participation in activities that are required for a school credit. If your activity is a class or school expectation (for example Grade 6 camp/Grade 7 band), it is not eligible.

b) Extra-curricular activities including volunteer coaching do count, but each activity can only be recognized once. For example: sports teams are recorded once no matter how many levels or tournaments you participated in.

c) All special events or programs must involve personal development, be organized for a group of individuals and must involve at least three days (30 hours) total involvement. Remember this is a 4-H Journal and most of your points will reflect 4-H involvement.

2) Community Youth Groups or Organizations

a) Each youth group or organization can only be recognized once.

b) Skill lessons count, but only at one level. For example: piano, swimming, ballet and riding lessons.

c) Clubs such as choir, band, and theater count.

d) Volunteer activities count if it involves personal time commitment.

3) Special Events or Programs

a) Activities in this section must involve personal development, and be of an organized group nature.

b) Events or programs listed in this section must not be associated with your involvement in school or community organizations as listed under sections one or two.

c) Exhibitor events such as fairs or livestock shows do count, but only once.

d) Other camps, including sports camps, charity fundraising events, courses like first aid, and babysitting clinics count here.

4) Recognition or Service Award

a) Any special recognition or service award can be used. For example: citizenship award, honor roll, scholarships, rodeo queen, top school athlete, and so on.

b) Awards such as perfect attendance or fitness awards also count.

c) You are not able to count an award based on involvement in items you have previously listed on this page.

d) Scholarships do not count.

5) Employment Recognition

This category recognizes that some 4-H members are unable to participate in extra activities due to circumstances beyond their control. You can mark this area only if your employment prevents you from participating in other non 4-H events.

a) Employment must be paid and must consist of a minimum average of 10 hours per week.

b) Employment at home, if above and beyond the normal "chores" expected, will be eligible if at least an average of 10 hours per week is worked.

c) Employment recognition will only be accepted if five or fewer points are accumulated on this page. If you claim employment recognition, you will have a maximum of 7 points on this page.