

# **ACCESS SUCCESS**

Access: (n.) a means of approaching

Success: (n.) the accomplishment of an aim or purpose

September 9, 2024

Welcome to **AccessSuccess**,  
the Official Newsletter of the  
*Montana's Own, 1893, and Return-to-Learn*  
Scholars Programs.



## **Welcome to Zak Wangler - Our New Success Advisor!**

Raised in North Carolina, with a background in Sociology and Criminology, Zak came to Bozeman in 2018 to work as an Americorps VISTA for the HRDC. During his time with the HRDC, he became acutely aware of how housing prices and financial insecurity negatively impact people living in Southwest Montana. After his term of service with Americorps, he began work on his Master of Public Administration with MSU and joined Family Promise of

Gallatin Valley as a Housing Case Manager in the midst of the Covid-19 pandemic. These experiences have given him a drive and passion for creating connections between community organizations and students, empowering people to make a difference where they live.

**Zak is now taking scholar meetings for the *Return-to-Learn*, *Montana's Own*, and *1893* programs.** You can meet with him for goal setting, time management, motivation, study and testing strategies, on-campus concerns like classes and faculty, and off-campus concerns like housing or employment.

[Email Zak](#) or make an appointment with him for [Return-to-Learn](#) or [1893/Montana's Own](#). **Welcome Zak!**

## Check Out This FANTASTIC New Campus Resource!

### What is IDEATOR Labs?

You guessed it, yet another acronym...

Interdisciplinary **D**esign & **E**ntrepreneurial **A**cceleration, **T**ranslation, and **O**ptimization of **R**esearch.

Don't worry, you won't need to remember the definition. Just know that IDEATOR Labs aims to empower students to use their individual skill set and passion to make the world a better place.

IDEATOR Labs focuses on helping students shape how they look at problems and build the necessary skills to turn those problems into solutions.

The poster features a grid background with the IDEATOR LABS logo at the top. Below the logo, five event cards are listed, each with a title, time, presenter, and location. The dates and months are shown to the right of each card. A QR code is located at the bottom right, and a 'FOR MORE INFORMATION' button is at the bottom left. The text '2024 EVENT SCHEDULE' is written vertically on the right side.

| Event Title          | Time           | Presented By         | Location                        | Date    | Month     |
|----------------------|----------------|----------------------|---------------------------------|---------|-----------|
| BACKPACK BRAIN RACK  | 4:30 - 6:00 pm | IDEATOR Labs         | Blackstone LaunchPad in MSU SUB | 29      | AUGUST    |
| DESIGN THINK EVENING | 5:00 - 7:30 pm | IDEATOR Labs         | ROMNEY 211                      | 19      | SEPTEMBER |
| DESIGN THINK WEEKEND | 4:30 pm - 3 pm | IDEATOR Labs         | Jake Jabs College of Business   | 27 - 28 | SEPTEMBER |
| DESIGN THINK EVENING | 5:00 - 7:00 pm | IDEATOR Labs         | ROMNEY 211                      | 10      | OCTOBER   |
| BIG IDEA CHALLENGE   | 5:00 pm        | Blackstone LaunchPad | Jake Jabs College of Business   | 7       | NOVEMBER  |

FOR MORE INFORMATION

2024 EVENT SCHEDULE

These events are open to all students and majors and are a great way to meet new people and learn tangible skills.

Learning to see solutions, where others can only see problems, is an invaluable skill set whether you are considering starting your own company or working for an existing one. **The skills you will learn from events sponsored by IDEATOR Labs will transcend all aspects of life and further develop your knowledge, both personally and professionally.** [Get more information on IDEATOR Labs and see all their upcoming events at their website.](#)



## Be Like Ted: What can we learn about CHARISMA from Ted Lasso?

Ted Lasso, the beloved fictional character from the TV series [“Ted Lasso”](#) is a charming, optimistic American football coach who takes on the challenge of coaching a British soccer team. Played by Jason Sudeikis, Ted’s unique charisma and unconventional coaching methods quickly win over both his team and the audience. His ability to connect with people and uplift their spirits is rooted in his mastery of nonverbal communication

**Let’s explore the social cues that make Ted Lasso’s charisma so captivating and how you can use them, too!**

### **Purposeful Hand Gestures**

Ted loves dynamic hand gestures. Interestingly, he often keeps his hands in his pockets, but when they’re out, he uses them purposefully.

Our brains are wired to love purposeful gestures! Try using intentional hand movements to emphasize your points during conversations. It keeps your audience engaged and shows you’re passionate about what you’re saying.

### **Animated Facial Expressions**

We love listening to Ted speak because he has a super animated and expressive face.

When sharing a story, let your face reflect your excitement or surprise. Smile broadly (and avoid a fake smile) when expressing joy or raise your eyebrows and widen your eyes to show astonishment. Avoid a blank, expressionless face, which can make you seem disinterested or bored. People are drawn to visible expressions of joy, surprise, and concern.

### **The “Up Face”**

Ted has what we call an “up face.” A “down face” looks somber, tired, or apathetic, which can be discouraging. Ted listens with an “up face”—his eyebrows raised, eyes wide open, and mouth in an upturned position. This shows his receptiveness and enthusiasm.

Avoid a “down face” where your features droop, indicating disinterest or fatigue.



### **Eyebrow Raises**

Ted often uses an eyebrow raise to communicate without words, conveying curiosity, surprise, and interest. An eyebrow raise can prompt someone to dig deeper into their thoughts or elaborate on their ideas.

Incorporate this subtle cue to encourage more dynamic interactions—for example, when a colleague shares an interesting idea, raise your eyebrows and say, “Really? Tell me more about that.”

### **Vocalizations**

Ted listens loudly. He uses vocalizations like “Ah,” “Oh,” and “Wow.” These sounds show active listening and engagement. Vocalizations let people know you’re following along and are interested in what they’re saying. They’re small yet powerful tools to enhance your conversational presence!

Avoid remaining silent when someone is hinting at a response. Also try to avoid giving non-committal responses like “Hmm” or “Uh-huh,” which can come across as disengaged.

### **Deep Eye Contact**

Ted makes deep eye contact when someone is opening up to him. Maintaining direct eye contact shows you’re giving your full attention and value what the other person is saying. It’s a strong signal of respect and empathy, making the other person feel seen and heard.

### **Touch Moments**

Ted loves to high-five, fist bump, and give shoulder pats. These touches communicate connection and engagement, helping to physically bring people closer. A simple touch can make a significant impact.

Try initiating a high-five or fist bump to create instant rapport and seal the connection.

## **NACE and VALUES EXPLORATION Workshops are Back!**



*Students work together to identify NACE Competencies in a resume, cover letter, and job posting.*

**Register today**  
[right here](#)  
**for NACE!**



*A student uses a special card deck to spend time uncovering their personal values.*

**Register today**  
[right here](#)  
**for VALUES EXPLORATION!**

### **Know Your NACE Workshop**

In this interactive workshop, you will rank your eight NACE Competencies and identify the transferable skills

needed to improve your lower ranked competencies to become the best job candidate. In addition, you will practice identifying NACE competencies in a resume, cover letter, and a job listing, so you can recognize these during your job search. Each attendee will take home a NACE Competencies card deck, useful for crafting resumes, cover letters, and prepping for a job interviews. Don't miss out on "Knowing your NACE!"

*Wednesday, September 11 | 3 pm - 4 pm | SUB 168*

*Tuesday, September 24 | 1 pm - 2 pm | SUB 233*

*Tuesday, October 8 | 10 am - 11 am | SUB 168*

*Thursday, October 24 | 11 am - 12 pm | SUB 235*

*Monday, November 4 | 11 am - 12 pm | SUB 168*

*Wednesday, November 20 | 2 pm - 3 pm | SUB 168*

### **Personal Values and Principles Exploration Workshop**

Values are empowering. You can be much more in control of your life when you are clear about your values. Values are guides, supplying you with an internal compass by which to navigate the course of your daily life. The clearer you are about your values, the easier it is to stay on your chosen path. This kind of guidance is especially important in volatile and uncertain times. When daily challenges can throw you off course, it's crucial to have the means to tell which way is north, south, east, and west. In this interactive workshop, you will explore your personal values and principles and discover how to let them guide your time at MSU and beyond. You will be given copies of your top five values so you can keep them close as you maneuver through all aspects of your life.

*Friday, September 20 | 12 pm - 1 pm | SUB 168*

*Wednesday, October 16 | 3 pm - 4 pm | SUB 235*

*Wednesday, October 30 | 3 pm - 4 pm | SUB 168*

*Friday, November 1 | 10 am - 11 am | SUB 236*

*Tuesday, November 12 | 1 pm - 2 pm | SUB 168*

*Tuesday, December 3 | 10 am - 11 am | SUB 168*



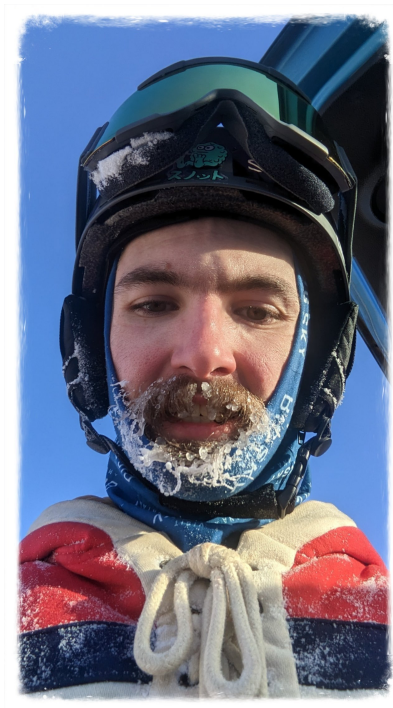
**We want to feature YOU in upcoming newsletters!**

**Answer all NEW questions this semester!**

[Answer the Questionnaire](#)

**Daymond Anthony Arms Baney**

**Plant Biology & Philosophy**  
**Montana's Own Scholars Program**



**What do you consider your greatest achievement?** I achieved Dean's List my first semester in college, I had never gotten honor roll throughout public school.

**What talent would you most like to have?** I think it'd be fun to juggle, or to sing, or to be able and bust out a limerick off the top of your head... The same talents as a jester I guess.

**What book or show are you bingeing right now?** Game Of Thrones

**What is the biggest misconception people have about your major?** Not many people are aware my major exists. Or they think I just look at plants, but I tend to look at a microscope which looks at the plant.

**What quality do you value most in your friends?** Honesty.

**What is one thing that you'd like to do to change Montana?** Show people the effects of climate change. Growing up in Montana people tend to deny, deny, deny, when there is clear proof, proof, proof if they just look.

**If you had one piece of advice for MSU students, what would it be?** Try. As long as you try your best and are honest with yourself you'll have no doubt about how things could have been. If you try your best and get a C you earned that, if you try a little and get a B some part of you will wonder what you could have done to get an A.

**What do you consider your greatest achievement?** Making it to my senior year of college.

**What talent would you most like to have?** Be able to play piano.

**What book or show are you bingeing right now?** Harry Potter.

**What is the biggest misconception people have about your major?** That engineers are exceptionally good at math. (I use a calculator/excel for everything.)

**What quality do you value most in your friends?** Honest and empathetic.

**What is one thing that you'd like to do to change Montana?** Make winter shorter. It should officially end the day that Bridger Bowl closes.

**If you had one piece of advice for MSU students, what would it be?** Spend lots of time outside while it's still warm!

**Anders Knudsen**  
**Civil Engineering**  
**Montana's Own Scholars Program**



*This is a photo from one of my favorite places. It is a butte called Square Butte that is a prominent landmark that sits about 3-4 miles away from my family's farm where I grew up. This view overlooks some of our cattle pastures and a small creek that I spent countless hours exploring when I was younger.*

**Asking for help is one of the smartest things a student can do!  
Your Scholar Program has amazing resources - use them soon and often.**



**All Scholars have free tutoring through Smarty Cats Tutoring**  
[Book your tutor today.](#)

**Your Scholar Program Success Team is Here to Visit With You Any Time**

\* [Email Jen](#) at Return-to-Learn or [make an appointment with her.](#)

\* [Email Monica](#) at Montana's Own and 1893 or [make an appointment with her.](#)

\* [Email Deb](#) at Montana's Own, 1893 or Return-to-Learn or [make an appointment with her.](#)

\* [Email Zak](#) at Montana's Own, 1893 or Return-to-Learn or make an appointment with him for [Return-to-Learn](#) or [1893/Montana's Own.](#)

**New events and opportunities are always being added to the calendar - check it often!**

[See the Events Calendar](#)

Access Success back issues are now online!

[See the Newsletter Archive](#)

Allen Yarnell Center for Student Success | 177 Strand Union Building | 406.994.7627

[1893 Scholars Program](#)

[Montana's Own Scholars Program](#)

[Return-to-Learn Scholars Program](#)

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